

THE ALPINE LAKES



The lake basins of the Dolomites are magnets for all visitors. The larger ones are ideal for strolling along the shores or it is possible to navigate with rowing boats, but there are many jewels hiding among the high altitude basins fed by snowfields and destination for fantastic excursions. Let's discover them together in this selection

COLDAI LAKE

Civetta Mountain Group North Branch



At an altitude of 2200m, fed by the snows of the Civetta, lies this marvellous body of water, a daily destination for many excursionists. To reach it from Alleghe you can also take advantage of the ski lifts, and with a good hour's walk you will first reach Rifugio Coldai and then the lake of the same name. The route is available on www.alleghe-dolomiti.it in the 'Summer/Excursions' section.

THE "LÈCH DEI GIAI"

Marmolada group Auta chain



Also known as 'Lach dei Negher', this extraordinary lake lies in a basin at the base of Monte Outo in the Auta chain. From the watershed just above the lake, it is possible to admire the Biois Valley and the surrounding peaks. To reach the lake, you can start out from Sottoguda and follow the signs for the Franzei plain, where you join path Cai 687, reaching the lake in 2.5 hours, overcoming a difference in altitude of almost 1000m.

VACH LAKE

ZOLDO VALLEY



The destination of a pleasant walk within everyone's reach, Lake Vach is reached from the village of Pralongo in the municipality of Forno di Zoldo. From here, the route enters the forest, overcomes a difference in altitude of 400m and once you have reached the lake and observed the nearby waterfall, you return in a loop towards the characteristic hamlet of Colcerver before closing the loop at the starting point, covering a distance of around 7 km

FEDERA LAKE

CRODA DA LAGO MOUNTAIN



At the foot of the Croda da Lago opposite the Bec di Mezzodì and close to the Palmieri Refuge lies the enchanting Lake Federa. It is the destination of a beautiful walk that starts shortly after the beginning of the Passo Giau on the Cortina side and can also be reached from the summit of the Passo Giau by circumventing the Lastoni del Formin and descending via F.lla Ambrizzola or again from the Val Fiorentina by passing through the Rifugio Città di Fiume through the Mondeval valley.

BOÈ LAKE

CAMPOLONGO PASS SELLA MOUNTAIN GROUP



So embraced by the rocks above as to remain almost hidden from view, but perhaps for this reason one of the most enchanting stretches of water in the area. To reach it, it can be climbed from the Campolongo Pass in about an hour, or more comfortably by taking the Vallon chairlift from the Pass or the Boè cableway from Corvara to make the last 100 metres of ascent from here. The lake is also a pleasant surprise and providential coolness for those descending from the Piz da Lech via ferrata

SORAPIS LAKE

SORAOPISS MOUNTAIN GROUP



A jewel with a peculiar emerald colour, Lake Sorapis lies in a marvellous basin set among the rocks. Of unsuspected dimensions, it can be reached by a beautiful excursion that can start from the Tre Croci Pass above Cortina, facilitated by ladders that allow everyone to overcome the most impervious points. Ascent time about two hours for 500m difference in altitude

THE COLBRICON LAKES

LAGORAI MOUNTAIN GROUP



Two beautiful lakes of glacial origin lie at the foot of the Lagorai chain. They can be reached by a simple walk in the Passo Rolle area. Starting from Malga Rolle and covering about 2 km of small forest road with little difference in altitude, the two lakes can be reached. There is also a refuge here. The Colbricon lakes have unearthed extraordinary archaeological finds dating back to the Mesolithic period. There are numerous possibilities to extend the excursion

LIMO LAKE

NATURAL PARK FANES SENNES BRAIES



An enchanting hike that has as its coveted prize the shores of Lake Limo in the Fanes Sennes Park. After reaching the base of the Valparola Pass, climb up to Capanna Alpina, where there is a car park. From here, the route climbs with good physical effort towards the Fanes plateau, traversing the high-altitude meadows in a lunar landscape. After the alpine hut there is still a short climb before reaching Lake Limo. Time required two hours uphill difference in altitude 800m between round trip

ANTERMOIA LAKE

CATINACCIO MOUNTAIN GROUP



A demanding hike, but the view of the lake embedded in this glacier-carved valley is priceless. To reach it, you can use the shuttles from the Micheluzzi refuge and from here it takes about two hours to reach your destination. For the more experienced, the Catinaccio traverse can be proposed from the Vigo cable car to Campitello, for a total of 20 km and a considerable ascent and descent.

BRAIES LAKE

FANES SENNES BRAIES PARK



Overlooked by the ramparts of the Croda del Becco, Lake Braies is a precious jewel that leaves those who circumnavigate it enchanted. A daily destination for thousands of tourists, the flow is managed in summer in an orderly and sustainable manner, which allows the preservation of the ecosystem and natural beauty. To reach it, you have to drive into the Pusteria Valley to the village of Villabassa and from there ascend the spectacular valley that leads to the basin. The Lake Tour takes approximately one hour.

MISURINA LAKE

Tre Cime di Lavaredo



An ideal starting point for the Tre Cime di Lavaredo, Lake Misurina is of natural origin and has an easy and rewarding walk around its shores that can be completed in less than an hour. Not to be forgotten is the nearby Lake Antorno, where you can choose whether to continue towards the Tre Cime di Lavaredo or turn left towards Monte Piana, a theatre of war during the First World War. To reach the two lakes from Cortina, cross the Tre Croci Pass from where it takes about 6 km to reach Misurina.

CAREZZA LAKE

Latemar Mountain Group



Lake Carezza (Karerer See) is set amidst a coniferous forest almost at the head of the Val D'Ega, which connects the Val di Fassa with Bolzano. It owes its magic to the particular iridescent colour that the sun reflects in its waters at every hour of the day. Fed by underground springs that bring the water that descends from the Latemar massif, it has a beautiful walk that allows a complete tour in twenty minutes.

PISCIADU LAKE

SELLA MOUNTAIN GROUP



Lake Pisciadù is not trivial to conquer. It is usually the prize for those who climb the via ferrata Tridentina from Passo Gardena, but it can also be reached from the south by crossing the Sella group via the Rifugio Boè, or by other routes that are never banal. Dominated by the mountain of the same name, it leads into the lunar landscape that characterises the entire massif and its highest peak: Piz Boè. The adjacent Rifugio Cavazza is a providential stopping point for those making the traverse coming from the Pordoi or Sella Passes.

FOSSSES LAKES

NATUAL PARK OF DOLOMITI D'AMPEZZO



Lake Gran de Foses, Lake Pizo and Lake de ra Rémeda Rosses in the park of the Ampezzo Dolomites can be reached by a beautiful hike starting from Malga Ra-Stua just above Cortina and following path no. 6 along the Val Salata. A detour is made to climb up to the Biella hut and from here, a short descent along path no. 26 takes you to the three spectacular lakes in a karst landscape marked by numerous 'Campi carreggiati'. Continue downhill to close the loop towards Malga Ra Stua after ascending and descending an altitude difference of 700m for about 5h